

Infant Massage

Series of three classes for
Parents, \$50.

Fee includes infant massage book and massage oil.
Classes are held in Davis, Woodland, and Winters.
Please call for dates and times: (530) 758-5981.



Caring touch is good for everyone.

Infants who are new to the world need the reassurance of someone special being there for them.

The massage technique for infants is much different from massage for adults. It is not as much manipulative as it is communicative. It is a technique that allows parents to engage and relax their child. It is not the massage therapist or the infant massage instructor who massages the infant/child-it is the parent/caregiver. In the field of infant massage, the parent is viewed as the primary source of interaction in the context of the infant's life.



*Sutter Davis
Hospital*

A Sutter Health Affiliate

2000 Sutter Place
Davis, CA 95616
Birthing Center:
530 759-7444
Fax: 530 750-1444

Classes are held in
Davis, Woodland, and
Winters. Please call for
dates and times: (530)
758-5981.



Sutter Davis Birthing Center has specially trained nurses who have been certified as infant massage instructors. In a series of three [classes](#), parents learn the special techniques of infant massage.