

## Sutter Women's Services

The more than 5,000 babies born at Sutter Memorial Hospital each year have established our reputation as the place to go to have a baby. Our patient and family-centered care philosophy ensures mothers and newborns receive high quality, compassionate care.



With our state-of-the-art facilities and skilled professionals, we provide comprehensive support to all women, including those with the

most delicate pregnancies and newborns. As a woman diagnosed with a high-risk pregnancy, you are not alone. About 15 percent of all pregnancies require specialized maternal or neonatal care. Sutter Memorial Hospital, part of Sutter Medical Center, Sacramento, is home to the most advanced maternal and neonatal care units in the region.



### Sutter Memorial Hospital

5151 F Street  
Sacramento, CA 95819  
(916) 733-1030

### Perinatal Associates of Sacramento

5301 F Street, Suite 112  
Sacramento, CA 95819  
(916) 733-7111

[sutterwomens.org](http://sutterwomens.org)



*Sutter Medical Center,  
Sacramento*

A Sutter Health Affiliate

## High-Risk Pregnancy Care



**Offering the largest high risk pregnancy program in Northern California.**



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Sacramento*

A Sutter Health Affiliate

## High-Risk Pregnancy

Many pregnancies and newborns require extra attention and care. Sutter Memorial Hospital has the largest program caring for high-risk pregnancies in Northern California. Because your pregnancy requires additional monitoring, we offer advanced technologies and highly trained nurses and physicians to care for you and your baby 24-hours a day.

*Women at risk for complications include those experiencing:*

- Chronic medical conditions
- Pregestational and gestational diabetes
- Maternal high blood pressure
- Preterm labor
- Higher-order multiple pregnancies
- Advanced maternal age

## Prenatal Services

*Our Maternal-Fetal Medicine specialists provide:*

- Comprehensive genetic counseling
- Advanced prenatal diagnosis (amniocentesis, chorionic villus sampling, first trimester nuchal screening)
- Detailed ultrasound examination
- In utero fetal therapy
- High-risk pregnancy consultation and management
- Antepartum testing
- Coordination for transport services with local hospitals and physicians



## Highly Trained Physicians and Staff

Our maternal-fetal medicine physicians (perinatologists) are board certified in this highly specialized field. Sutter's high-risk program includes a 22-bed High-Risk Maternity Care Unit with specially trained antepartum and Labor and Delivery nurses; board-certified obstetric anesthesiologists and neonatologists are available on-site 24 hours a day. These specialists are supported by more than 50 pediatric subspecialists and a 55-bed Level III Neonatal Intensive Care Unit to ensure that your newborn receives complete and immediate care.

## Providing Excellence in Health Care

Sutter Medical Center, Sacramento, maintains a history of health care excellence dating back more than 75 years. The tertiary Regional Center serves not only Sacramento, but much of Central and Northern California. Our two acute care hospitals, Sutter General and Sutter Memorial, are nationally recognized for excellence in a variety of specialty areas including women's and children's services.



If you are planning a visit to Sutter Memorial, you will find a large selection of hotels/motels and restaurants near the

hospital. For a detailed list, visit our web site at [sutterwomens.org](http://sutterwomens.org). Additionally, Sutter Memorial Hospital offers eight recreational vehicle parking spaces in the hospital parking lot for family members of patients.