



# Joint Replacement Educational Class

*Be Active Again*

**WHEN:**

2nd Wednesday of each month

**PLACE:**

Sutter Davis Hospital  
2000 Sutter Place, Davis  
First Floor Meeting Rooms  
(adjacent to cafeteria)

**Meet in the Main Lobby**

**TIME:**

3-5 p.m.

**CALL:**

1-530-750-5223

Our goal is to prepare you and your support person for your joint replacement surgery by familiarizing you with pre and post-operative procedures and goals for recovery. This FREE class is a wonderful opportunity for you to meet staff and have all your questions and concerns addressed.

Highlighted Topics:

- Admission process
- Nutrition
- Pain management
- Physical therapy
- Discharge planning
- Pre-home preparation



*Sutter Davis  
Hospital*

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*With You. For Life.*

[sutterorthopedics.org](http://sutterorthopedics.org)