

Child Life Program  
Sutter Children's Center, Sacramento  
916-887-0500

The Child Life Program at Sutter Children's Center, Sacramento strives to minimize the anxiety and stress associated with healthcare experiences, promote optimum development and normalization for infants, children, adolescents and their families in healthcare settings. As an integral member of the health care team, Child Life staff provides opportunities for gaining a sense of mastery, play, learning, self expression, peer interaction and maintenance of the child's relationship with the family.

For our program to operate successfully, we have a wide range of equipment and activities that are offered to children daily. To keep up with current trends and popularity, we often need to rotate items and purchase new ones. The following is a current list of new items we wish to have.

**\*\*\*Wish List\*\*\***

**Infant/Toddler**

- **WubbaNub infant pacifiers with small plush**
- **Infant rattles (no fabric please)**
- **Board books**
- **First Years Sounds For Silence Nursery Sound Machines or My Baby by Homedics Sound Spa - Portable (Target and online)**
- **Voice recorders – for parents to make recordings to leave with their babies. (Olympus VN-702PC is a good one. \*Battery operated\*)**
- **Parents brand Doctor Kits for 18months+**
- **Sleep Sheep on the Go, Gentle Giraffe on the Go, Twilight Turtle, Tranquil Turtle- (Cloud b)**
- Crib-side Soother (Fisher Price)
- Fisher Price Aquarium (crib toy)
- Small World Toys IQ Baby – Busy Bee Baby Buzz'R (vibrating musical baby soother, available on Amazon)
- Summer Infant Soothe and Vibe Portable Soother (vibrating musical baby soother, available on Amazon)
- Infant swaddling blankets
- O-balls and O-ball rattles
- Sounds For Silence- Sound Machine (the First Years)
- Infant play gyms
- Infant security blankets- "lovies" or small blankets that babies and young children can use to snuggle with. Usually small in size so they can hold them in their hand. Soft textures or ones with animals work great (They can be found at Target, Babies R Us, etc...usually in the infant section near their baby clothes).

**School Age**

- **Toys/Action figures/books/movies related to current characters loved by children: SpongeBob, Ninjago, Minecraft, Ninja Turtle, Frozen, Princess and the Frog, Disney characters, Transformers, Spiderman, Batman, superheroes, etc.**
- **Color Wonder packets**

- **Playdough**
- Pillow Pets
- I Heart Guts body part stuffed animals (iheartguts.com)
- **Fisher Price Doctor Kits**
- **Lego sets (of the small legos)**
- Individual art craft sets
- Children's books in the following languages: Spanish, Russian, Hmong
- Snap together models (no glue)

### **Teen**

- Specialized art activities (beads, jewelry, etc.)
- Xbox 360 games (NO rated M)
- PS3 and PS4 games (NO rated M)
- Apple ipad
- **Headphones/earbuds**
- Gift cards for teens (for birthdays & holidays) – including Starbucks and Jamba Juice
- Flannel or Fleece blankets
- Nail art
- Any items teens would enjoy

### **General Program**

- Gift cards for our program to purchase supplies as we need them throughout the year: Target, Michaels, Babies R Us, Barnes & Noble, Visa, etc.
- Gift cards for families (gas, supermarket, Target...)
- Stickers
- Art supplies: Coloring books, construction paper, crayola markers, collage materials, glue, glitter, foam pieces, picture frames, etc.
- **Washable window markers and crayons - Crayola**
- Small boxes of Crayola crayons
- **\*\*\*DVDs- current & popular movies and shows for all ages up to PG13**
- Gift bags and tissue for Christmas/holiday presents
- Small items for prize boxes:
  - Squishy balls
  - Hot Wheels
  - Playdough
  - Glow necklaces
  - Nail polish
  - Magic wands
  - Bubbles, etc ...
- **Disney spinners**

**\*\*\*\*\*No used toys, please\*\*\*\*\***